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AACN Acute Care Clinical Nurse Specialist - Adult Gerontology

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Question: 1

Which of the following gastrointestinal disorders is characterized by inflammation of the lining of the digestive tract?

- A. Gastritis
- B. Cirrhosis
- C. Diverticulitis
- D. Cholecystitis
- E. Pancreatitis

Answer: A

Explanation: Gastritis is a gastrointestinal disorder characterized by inflammation of the lining of the digestive tract, particularly the stomach. Options B, C, D, and E are all gastrointestinal disorders but do not specifically involve inflammation of the digestive tract.

Question: 2

Which of the following endocrine disorders is caused by an insufficient production of insulin?

- A. Type 1 diabetes mellitus
- B. Type 2 diabetes mellitus
- C. Cushing's syndrome
- D. Addison's disease
- E. Hyperthyroidism

Answer: A

Explanation: Type 1 diabetes mellitus is caused by an autoimmune destruction of the insulin-producing cells in the pancreas, leading to an insufficient

production of insulin. Options B, C, D, and E are associated with other endocrine disorders but do not involve a primary deficiency in insulin production.

Question: 3

Which of the following conditions is characterized by impaired myocardial function and reduced cardiac output?

- A. Atherosclerosis
- B. Myocardial infarction
- C. Arrhythmia
- D. Heart failure
- E. Angina pectoris

Answer: D

Explanation: Heart failure is a condition in which the heart is unable to pump enough blood to meet the body's demands. It is often associated with impaired myocardial function and reduced cardiac output. Options A, B, C, and E are all related to cardiovascular health, but they do not specifically describe the condition of heart failure.

Question: 4

Which of the following hematological disorders is characterized by an abnormal increase in the number of white blood cells?

- A. Anemia
- B. Leukemia
- C. Thrombocytopenia
- D. Hemophilia
- E. Sickle cell disease

Answer: B

Explanation: Leukemia is a hematological disorder characterized by an abnormal increase in the number of white blood cells. Options A, C, D, and E are all related to hematological disorders but do not involve an abnormal increase in white blood cells.

Question: 5

Which of the following is considered a clinical judgment skill?

- A. Administering medications
- B. Assessing vital signs
- C. Performing wound dressings
- D. Analyzing patient data to make decisions
- E. Documenting patient information

Answer: D

Explanation: Clinical judgment involves the ability to analyze and interpret patient data to make informed decisions about their care. Options A, B, C, and E involve specific tasks or procedures, but they do not directly address the critical thinking and decision-making skills necessary for clinical judgment.

Question: 6

Which of the following neurological conditions is characterized by progressive degeneration of nerve cells in the brain and spinal cord?

- A. Parkinson's disease
- B. Multiple sclerosis
- C. Alzheimer's disease

- D. Epilepsy
- E. Stroke

Answer: C

Explanation: Alzheimer's disease is a neurological condition characterized by progressive degeneration of nerve cells in the brain and spinal cord, leading to memory loss and cognitive decline. Options A, B, D, and E are all neurological conditions but do not specifically involve the degeneration of nerve cells seen in Alzheimer's disease.

Question: 7

Which of the following musculoskeletal conditions is characterized by inflammation and degeneration of the joints?

- A. Osteoporosis
- B. Osteoarthritis
- C. Rheumatoid arthritis
- D. Gout
- E. Fibromyalgia

Answer: C

Explanation: Rheumatoid arthritis is a chronic autoimmune disease characterized by inflammation and degeneration of the joints. Options A, B, D, and E are all musculoskeletal conditions but do not specifically involve inflammation and degeneration of the joints as seen in rheumatoid arthritis.

Question: 8

Which of the following renal/genitourinary conditions is characterized by the formation of kidney stones?

- A. Renal failure
- B. Urinary tract infection
- C. Glomerulonephritis
- D. Polycystic kidney disease
- E. Nephrolithiasis

Answer: E

Explanation: Nephrolithiasis refers to the formation of kidney stones. Options A, B, C, and D are all renal/genitourinary conditions, but they do not specifically involve the formation of kidney stones.

Question: 9

Which of the following is a characteristic feature of chronic obstructive pulmonary disease (COPD)?

- A. Airway inflammation
- B. Increased lung compliance
- C. Normal spirometry values
- D. Increased peak expiratory flow rate
- E. Improved exercise tolerance

Answer: A

Explanation: Airway inflammation is a characteristic feature of chronic obstructive pulmonary disease (COPD). It leads to the narrowing of the airways and difficulty in breathing. Options B, C, D, and E are not consistent with the pathophysiology and clinical presentation of COPD.

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